

**LEARNHOUNSLOW**

**JAN-MARCH 2022**

# **COURSES FOR PARENTS & CARERS**

A selection of free online courses designed to help you support your children as they move through their education

# Keeping your children safe online

## Dates

Wednesdays 12/01/22 until 09/02/22 (5 weeks) at 10am-12pm (online) - quote code MZ399CEB when booking

Wednesdays 02/03/22 until 30/03/22 (5 weeks) at 10am-12pm (online) - quote code MZ399DJB when booking

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## About this course

This course is part of our Family Learning Programmes. There are two types of Family Learning Programmes, FEML and WFL, and this course is part of our FEML offer.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own knowledge and skills.

This course will develop your understanding of essential internet safety precautions of benefit to you and your family. You will learn how you and your children can work online, minimising the risks that may arise through unsafe practices.

## What is required to attend the course?

A basic understanding and some experience of using computers and accessing the internet.

Minimum of 24- hour notice is required if you are unable to attend

For more information visit [www.hace.ac.uk](http://www.hace.ac.uk) or call 020 8583 6000 to book



# Circle of Security parenting

## Dates

Wednesdays 19/01/22 until 16/03/22 (8 weeks) at 1pm-3pm (online) - quote code MZ399CDB when booking

## About this course

This course is part of our Family Learning Programmes. There are two types of Family Learning Programmes, FEML and WFL, and this course is part of our FEML offer.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own knowledge and skills.

This course will help you to understand your child's emotional world by learning to read their emotional needs. You will learn how to support your child's ability to successfully manage their emotions and enhance their self esteem.

## What is required to attend the course?

A basic understanding and some experience of using computers and accessing the internet.

Be a parent or carer to a child (ideally 0-7yrs but all welcome)

Minimum of 24- hour notice is required if you are unable to attend

For more information visit [www.hace.ac.uk](http://www.hace.ac.uk)  
or call 020 8583 6000 to book



# In Their Shoes: Understanding Children's Mental Health

## Dates

Mondays 24/01/22 until 07/03/22 (6 weeks) at 10am-12pm (online) - quote code MZ199CCB when booking

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## About this course

This course is part of our Family Learning Programmes. There are two types of Family Learning Programmes, FEML and WFL, and this course is part of our FEML offer.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own knowledge and skills.

On this course you will explore the world from your child's perspective. You will learn how to 'read' your child's emotions and how outside factors can influence your child's wellbeing. You will also explore ways on how to connect with your child in a way that will support your child's emotional well-being and resilience.

## What is required to attend the course?

A basic understanding and some experience of using computers and accessing the internet.

Be a parent or carer to a child of any age

Minimum of 24- hour notice is required if you are unable to attend

For more information visit [www.hace.ac.uk](http://www.hace.ac.uk)  
or call 020 8583 6000 to book



# Early Years: Playing With Numbers

## Dates

Mondays 17/01/22 until 07/02/22 (4 weeks) at 10am-12pm (online) - quote code MZ199DHB when booking

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## About this course

This course is part of our Family Learning Programmes. There are two types of Family Learning Programmes, FEML and WFL, and this course is part of our FEML offer.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own knowledge and skills.

This course will explain the different aspects of Maths in the Early Years and will give you an understanding of the expectations of the Early Years Foundation Stage. You will learn about the importance of maths skills in your child's learning and development and discover activities and resources that will make Maths fun.

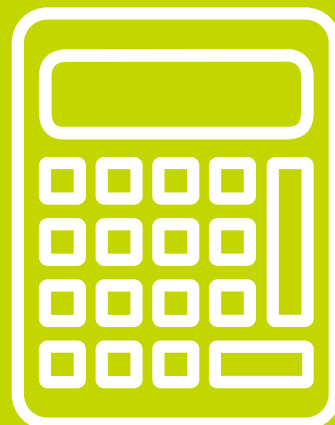
## What is required to attend the course?

A child in nursery or reception class at primary school

A basic understanding and some experience of using computers and accessing the internet.

Minimum of 24- hour notice is required if you are unable to attend

For more information visit [www.hace.ac.uk](http://www.hace.ac.uk) or call 020 8583 6000 to book



# Early Years: The Sounds Of English

## Dates

Mondays 17/01/22 until 07/02/22 (4 weeks) at 1pm-3pm (online) - quote code MZ199DIB when booking

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## About this course

This course is part of our Family Learning Programmes. There are two types of Family Learning Programmes, FEML and WFL, and this course is part of our FEML offer.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own knowledge and skills.

This course will give you an understanding of the sounds that make up the English language and how these are taught in the Early Years through phonics. You will learn how to support your child's phonics through fun activities and understand how phonics helps children to learn to read and write.

## What is required to attend the course?

A child in nursery or reception class at primary school

A basic understanding and some experience of using computers and accessing the internet.

Minimum of 24- hour notice is required if you are unable to attend

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# Keeping up with Children's KS1 English & Maths wider curriculum

## Dates

Tuesdays 22/02/22 until 29/03/22 (6 weeks) at 10am-12pm (online) - quote code MZ299BPB when booking

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## About this course

This course is part of our Family Learning Programmes. There are two types of Family Learning Programmes, FEML and WFL, and this course is part of our FEML offer.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own knowledge and skills.

The intent of this course is to support parents and carers to understand the National Curriculum for mathematics and English and how these link to all subjects within the National Curriculum. We hope that this course will enable you to support your child's learning through fun and interesting activities.

## What is required to attend the course?

A basic understanding and some experience of using computers and accessing the internet.

Minimum of 24- hour notice is required if you are unable to attend

For more information visit [www.hace.ac.uk](http://www.hace.ac.uk)  
or call 020 8583 6000 to book



# Support your child through KS1 Assessments (SATs)

## Dates

Mondays 22/02/22 until 29/03/22 (6 weeks) at 1pm-3pm (online) - quote code MZ299BTB when booking

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## About this course

This course is part of our Family Learning Programmes. There are two types of Family Learning Programmes, FEML and WFL, and this course is part of our FEML offer.

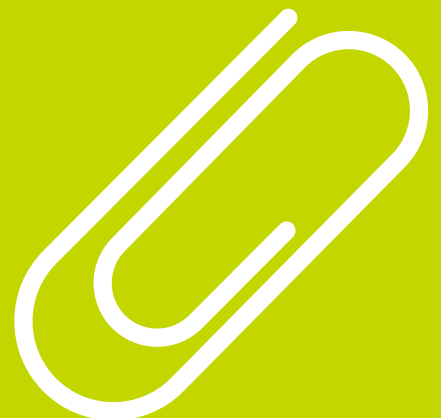
FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own knowledge and skills.

## What is required to attend the course?

A basic understanding and some experience of using computers and accessing the internet.

Minimum of 24- hour notice is required if you are unable to attend

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# Understanding the British Education System

## Dates

Mondays 14/03/22 until 28/03/22 (3 weeks) at 10am-12pm (online) - quote code MZ199CFB when booking

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## About this course

This course is part of our Family Learning Programmes. There are two types of Family Learning Programmes, FEML and WFL, and this course is part of our FEML offer.

FEML Programmes are aimed to give parents and carers the opportunity to find out how things are taught in their children's schools, as well as a chance to share ideas with other parents and develop their own knowledge and skills.

On this course you will learn about the educational system in England from birth to University - including how to support your child with a student loan application. We will discuss and share both vocational routes as well as the traditional academic routes (A-levels to University and T-levels). We will also look at the assessment process throughout your child's schools such as SATS assessments and what this means to you and your child.

## What is required to attend the course?

Be a parent or carer to a child of any age

A basic understanding and some experience of using computers and accessing the internet.

Minimum of 24- hour notice is required if you are unable to attend

For more information visit [www.hace.ac.uk](http://www.hace.ac.uk)  
or call 020 8583 6000 to book

